# Doctoral education: a journey to your future

Keys to success: awareness, anticipation, training, reflexivity, responsability



## Doctoral education: a journey to your future as a global citizen and as a highly skilled professional





What world do you want lo live in, you and others around you?



How do you want to contribute professionally to this new world?



Why is doctoral education a good choice to contribute positively to the new world?



Through the high level of qualification it confers, doctoral education allows you access to high levels of action and decision-making in areas or sectors that make sense for you



#### Definitively a good choice, but some conditions required...

#### **Awareness**

Organizations genuinely seek for professionals who will help them solve their problems and meet the challenges they face.

#### **Confidence**

You are these professionals!

But you need first to be convinced yourself and to be able to convinced your future employers or clients.

#### Curiosity

There are numerous ways and opportunities to develop yourself as a professional. Be curious and discover this world that awaits you.

#### **Proactivity**

Define early your professional project, develop the corresponding skills and learn how to promote yourself, your project and your doctoral education as a valuable asset.



## How/why complementary training and counseling will serve both your scientific and professional project?





#### Complementary trainings and counseling will help you to:

- 1. Get to know yourself better as a professional
- 2. Gain a better knowledge of the « new » job market for PhDs
- 3. Build a clear vision of your professional project
- 4. Develop a wide range of competences both scientific and transferable
- 5. Give and receive within an efficient professional network



#### The essentials to know about competence before starting





#### Be aware: competence is much more than you think!

Competence does not exist ex nihilo. It is physically linked to a person and a context.

Competence is not only a knowledge or a technique, but the way in which a person will use his knowledge and skills to respond to a given situation in an appropriate manner.

#### Therefore, competence:

- depends on the analysis of the situation made by the person who develops and implements it
- relies on the person's internal resources included previous experiences
- relies also on the resources provided by the environment
- is assessed by the results of its expression (performance) according to professional standards



### The link between training, working situations, reflexivity and competence in general

Training	Acquisition of knowledge and skills
Working situations	Opportunity to: - apply knowledge and skills to concrete, real problems - develop awareness of professional standards and adapted behaviors
Reflexivity	The key to: - raise awareness of the processes implemented, - learn from situations and - optimize action and behaviors
Professional network	Opportunity to gain inputs from alumni and professionals about the reality of professions and work contexts.
Competence	The result of all this !



## Let's recap what we propose

In addition to what your lab offers



## What kind of activities do we propose to foster your competence development?

Training	Big or small groups A wide offer of thematics Face-to-face, on-line, remote or hybrid Internal or external trainers	Acquire Knowledge and skills to be implemented in working situations
Work	You and others around you	Apply Knowledge and skills to concrete problems in different environments and contexts
Counseling & reflexivity	Individual or micro-groups Related to professional project and applications Face-to-face, remote or hybrid On demand Counselors	Reflect on your experiences and choices to refine your professional project and optimize your professional development
Career meetings	Big groups Face-to-face or remote Alumni and professionals	Meet other PhDs and hear them about the added value of doctoral education

# Thanks for your attention and all the best for your journey!

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